



# GROW Well Strengths-Based Curriculum

Always Our **Best**



Gumdale State School Student Wellbeing Program  
is proudly supported by

## EVANS PROPERTIES

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Living Locally  
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## Love of Learning



*I am motivated to acquire new levels of knowledge, or deepen my existing knowledge of skills in a significant way.*

## 7 Ways to instill a LOVE OF LEARNING in children

### 1 HELP CHILDREN DISCOVER INTERESTS AND PASSIONS



Talk to your child about what they are doing, reading, watching, and learning. Expose them to different experiences like museums, theatrical performances, zoos, etc. Help them check out books on a variety of topics from the local library.

### 2 PROVIDE HANDS-ON EXPERIENCES

If your child is learning about aquatic animals in school, take them to visit an aquarium. If they like art, take them to a museum to look at their work. Try to find hands-on, engaging experiences for your child. Make learning an adventure.



### 3 MAKE LEARNING FUN

Even seemingly dry subjects can become more fun through songs, academic games, or creative activities. Incorporate art projects, music, or creative writing into just about any academic subject. Use "brain breaks to disrupt the monotony or difficulty of a lesson.



### 4 DEMONSTRATE YOUR OWN PASSION

Be a great role model for your child by enthusiastically exploring your own interests and passions. Show that YOU are passionate about learning. Talk to your child about what you're learning: the challenges, the excitement, and how you're applying what you've learned to your own life.



### 5 FIND YOUR CHILD'S LEARNING STYLE



Children have their own unique learning style, or a type of learning that is most effective for them. Determine which learning style best suits your children or students and help them learn more effectively

### 6 HAVE DISCUSSIONS, NOT LECTURES

When your child demonstrates curiosity by asking a question, do your best to answer it. You can also expand the conversation by asking open-ended questions yourself. Begin your questions with, "Why," "How," or, "What would happen if...?"



### 7 BE SUPPORTIVE AND ENCOURAGING



Have reasonable expectations for your child, and be supportive and encouraging when your child struggles or fails. Help them learn from these experiences, and don't pressure them to make straight A's or be an exceptional student.

BIG LIFE JOURNAL - BIGLIFEJOURNAL.COM

## What is Love of Learning?

Love of learning is a passionate pursuit of knowledge for its own sake, closely linked to curiosity. While curiosity drives the quest for new information, love of learning focuses on retaining and deepening knowledge. The person who loves learning tends to be contemplative and values engaging with new information and skills. This strength is sought after by teachers, parents, and employers as it boosts motivation and resilience in the face of challenges and setbacks.

## How to Grow A Love of Learning

1. Cultivate Curiosity: Encourage curiosity by asking thought-provoking questions, promoting exploration of various subjects, and providing opportunities for hands-on learning experiences.
2. Make Learning Fun: Incorporate playful and interactive elements into educational activities, such as games, puzzles, and creative projects, to make the learning process enjoyable and engaging.
3. Personalize Learning: Tailor learning experiences to individual interests and learning styles, allowing learners to pursue topics they are passionate about and take ownership of their education.
4. Encourage Lifelong Learning: Emphasize that learning is a continuous journey beyond formal education, and showcase the benefits and joy of acquiring new knowledge throughout one's life.
5. Lead by Example: Demonstrate a love of learning yourself by showing enthusiasm for exploring new ideas, reading, attending workshops, and embracing challenges. Be a role model for fostering a lifelong passion for learning in others.

## LEARNING IS A TREASURE THAT WILL FOLLOW ITS OWNER EVERYWHERE.

*Chinese Proverb*

TED Curator Chris Anderson shares his boyhood obsession with quirky questions that seem to have no answers.

<https://youtu.be/C9vnuapGxrg>

The Kids Should See This – smart videos for curious minds!

<https://thekidshouldseeethis.com/>

Where the wonders of learning never ceases

<https://www.wonderopolis.org/>

For older students: <https://neal.fun/>



## Want more information about our GROW Well Program and Character Strengths?

<https://gumdaless.eq.edu.au/sup-port-and-resources/wellbeing>

## TYPES OF LEARNERS



**VISUAL**  
learn what they see



**KINESTHETIC**  
learn what they do



**AUDITORY**  
learn what they hear



**STRESS**  
learn what stresses them



**EASE**  
learn what relaxes them



**SCRIBBLE**  
learn what they write out



**TRUST**  
learn from authority



**TEACH**  
learn from teaching



**COPY**  
learn what they can copy