



GROW Well Strengths-Based Curriculum

Always Our **Best**



Gumdale State School Student Wellbeing Program
is proudly supported by

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Living Locally
Selling Locally

What is Leadership?

Leadership comes in various forms, and when considered as a strength, it involves organising and motivating a group to achieve goals while maintaining positive relationships among its members. It is similar to teamwork but with a different way of showing commitment. Leaders set and accomplish goals, seek effective feedback, build alliances and handle conflicts. Effective leaders also provide a positive vision or message that inspires dedicated followers and empowers them.

Building Leadership

Developing leadership qualities in children is a gradual process that requires patience and support. Encourage them to embrace leadership opportunities while understanding that mistakes and learning experiences are valuable steps on their journey to becoming effective leaders.

1. Encourage participation in group sports or activities to teach cooperation, communication and problem solving skills.
2. Read about great leaders to inspire and ignite their passion for leadership.
3. Provide opportunities at home for your child to take responsibility and to problem solve.
4. Encourage good communication skills, including conflict resolution skills. Support them to give presentations in front of others to help build confidence.
5. Encourage your child to take initiative, even if it is a small task.



A LEADER IS SOMEONE WHO...



Leadership



I take charge and guide groups to meaningful goals, and ensure good relations among group members.



Want more information about our GROW Well Program and Character Strengths?

<https://gumdaless.eq.edu.au/support-and-resources/wellbeing>

Girls have a tremendous, often untapped power to change the world. Girl Up helps girls access their inner power to advance the skills, rights and opportunities of girls everywhere.

<https://gumdaless.eq.schooltv.me/newsletter-external-resource/girl>

What makes an awesome leader?

<https://www.youtube.com/watch?v=KdL4o7wU0CQ>



Quoteable Quote

'Leadership is action, not position.'

– Donald H. McGannon

Learn It! Leadership

Being a good leader means helping other people so you can all achieve your best.

Name someone you know who does this.

What do they do that helps other people achieve their goals?

How do you already help the people around you to achieve their best?

Plan one thing you can do or say in the next week that will help someone in your community see themselves in a more positive way.