



# **Gumdale State School**

## **Year 4 Signature Programs**

# 2025 SIGNATURE PROGRAMS

## Year 4



### Sports



Netball



Karate



Equestrian



Futsal



Coding & Robotics



Touch



Target Sprint



Mountain Biking

# About

- Signature Programs allow students in Years 4-6 to develop skills in an area they wish to explore. At the end of the year, each program will result in a culminating activity or showcase.
- Expression of Interest will be communicated home electronically so families can select their first and second preference.



# Equestrian



Kurshonbrooke Lodge

# Equestrian



- Riders will have the opportunity to work with several different horses during the program with interactions integral to each lesson.
- 4 Program Components: General Knowledge, Horse Welfare, Riding Skills and Practical Skills.
- Riders will receive personal feedback and guidance each week.
- Access to Kurshonbrooke's online training videos to complete theory components.
- Certificate of completion from Pony Club Australia.
- Cost: \$1100.00 for 14 sessions + \$110.00 paid directly to Pony Club Australia Membership.
- Minimum of 6 students and maximum of 12 students are required for this program to be viable.
- An information night will be available for students/ parents involved in this program.

**COST: \$1100.00 for 14 sessions  
+ \$110.00 paid directly to Pony Club Australia  
Membership.**



# Futsal



Redlands PCYC

# Futsal



- Run by Sala Time Futsal Club with experienced coaches.
- Students will learn basic skills and drills of Futsal.
- Students will be placed in teams for friendly competition at the end of the program.
- Learning the concept for Weeks 1 – 7, round robin competition Weeks 8 – 14.
- 42 - 56 students for team purposes.

COST: \$210.00 approximately  
Price may change depending on  
participating numbers.

# Karate



Hall



# Karate



- Sessions will be run by Sports Karate Australia which is family owned and operating in Wynnum.
- Multiple black belt instructors teaching our students the correct and safe methods of Karate and Jiu Jitsu.
- Creating confidence in our students is a priority for us to be able to teach them to become street smart.
- 14 x 1-hour sessions including transport, facility hire and instruction.
- Cost: \$150.00 Price. \$10 per session.
- Max: 25 students

COST: \$150.00 approximately  
may change depending on participating  
numbers

# Mountain Biking



Moreton Bay Boys College

# Mountain Biking



- An opportunity for students to ride a purpose built mountain biking track at MBBC.
- Skills coaching by qualified mountain biking instructors.
- 14 x 1 hour sessions at Moreton Bay Boys College.
- Cost includes transport to venue and 15 lessons with qualified instructors.
- COST: \$337.50 coaching staff, \$75.00 for use of MBBC
- Max: 16 Students
- Parents are required to drop off Mountain Bikes for their child at 7:30am before school at MBBC. Parents will also be required to collect their child from MBBC at 2.45pm unless organised previously with staff member in charge of Mountain Biking.

**COST: \$412.50  
approximately**



# Netball



Multi-Purpose Courts

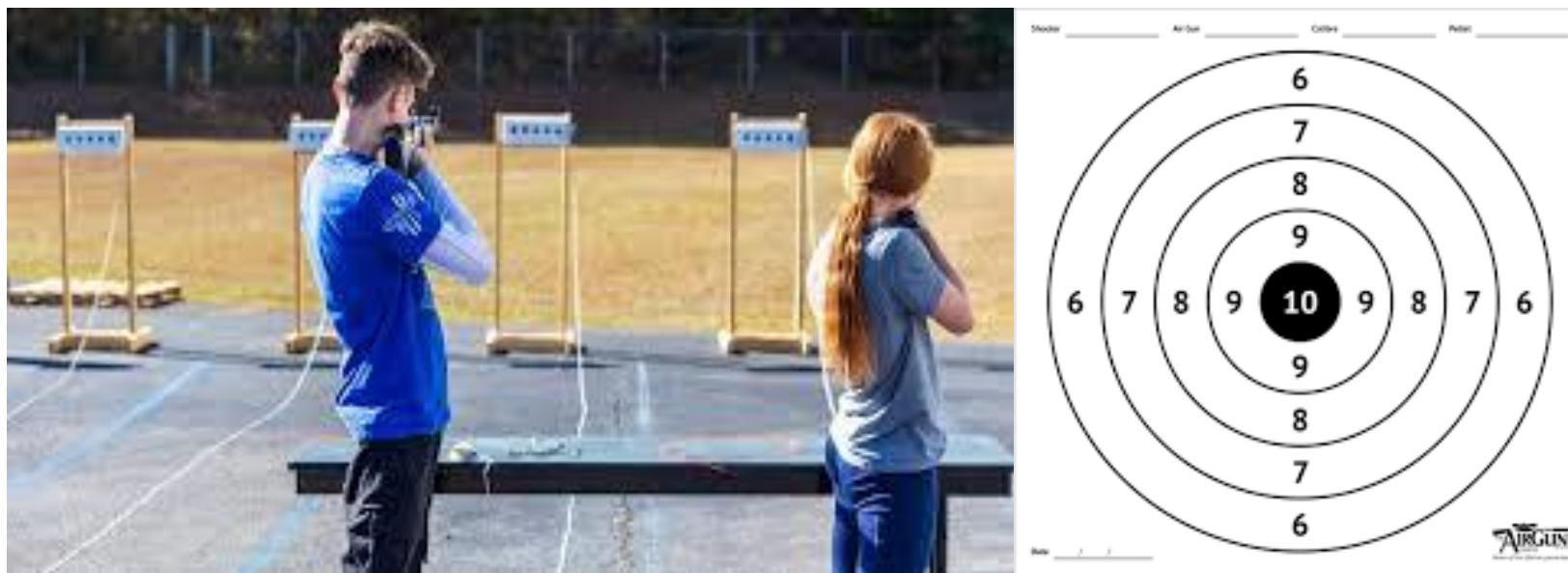
# Netball



- Run by Amy Sommerville who is a former QLD Firebirds and NSW Swifts player
- Basic netball drills
- Games & rules of netball
- Court Positioning & team-work
- Round Robin Competition
- Cost: \$60.00 approximately. 2 coaches provided each session.
- Maximum 40 students.

COST: \$60.00 approximately

# Optical Rifle Active Target



Queensland Rifle Association  
(QRA)



# Optical Rifle Active Target

An opportunity for students to learn a new skills in a safe, fun and challenging environment. Students will participate in the following:

1. **Cardio Activity**- walk, jog, skip etc. The cardio workout provides an increase in heart rate and natural production of endorphins which improves circulation and boosts immune defence.
2. **Strength Activity**- lunges, squats, push ups, planks etc. The strength station helps improve the physical base for balance during the activity.
3. **Breathing and mindfulness activity**- 3-3-3. Breathe in for 3, hold for 3, out for 3. Mindfulness task brings the person to an emotionally balanced state reducing anxiety prior to shooting.
4. **Shadow Drill**. Dry imagination of the action.
5. **Optical Target sequence** of 5 shots at the light-up target board in a variety of formats including individual and team-based activities.

14 x 1-hour sessions including transport, facility hire and instruction.

Max: 20 Students



COST: \$110.00 approximately  
Price may change depending on  
participating numbers.

# Robotics & Coding



T Block

# Robotics & Coding



- The Robotics / Coding elective will offer a series of self-paced learning activities using a visual programming language.
- Students will engage with a range of activities using Mindstorm EV3, Spheros , coding and robotics.

COST: Nil

# Touch Football



Paul Green Oval

# Touch Football



- Run by the Redlands Touch with experienced coaches.
- Students will learn basic skills and drills of touch football.
- Students will be placed in teams for friendly competition at the end of the program.
- Learning the concept for weeks 1 – 7, round robin competition 8 – 14.
- Maximum 50 students.

COST: \$120.00



# Program Dates

Signature Programs run over 14 sessions in Terms 3-4.

Dates are below.



## Term 3

Term 3 Weeks	Year 4 (Wednesdays)
3	30 July
4	6 Aug
5	EKKA DAY
6	20 Aug
7	27 Aug
8	3 Sept
9	10 Sept
10	17 Sept

## Term 4

Term 4 Weeks	Year 4 (Wednesdays)
2	15 Oct
3	22 Oct
4	29 Oct
5	5 Nov
6	12 Nov
7	19 Nov
8	26 Nov



Signature Programs are  
proudly supported by  
Todd Gerhardt Realty



TGR  
TODD GERHARDT  
— REALTY —