



# GROW Well Strengths-Based Curriculum

Always Our **Best**



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## What is Fairness?

Fairness is treating people justly, and not letting personal feelings or bias impact on your decisions about others. You give everyone a fair chance and believe there should be equal opportunities for all. You also recognise and understand that what is fair for one person, might not be fair for another. Fairness is a cognitive judgement capacity that involves two types of reasoning:

**Justice Reasoning:** emphasising logic, weighing principles and determining moral rights and responsibilities.

**Care Reasoning:** empathy and compassion and the ability to step into someone else's shoes.

## 7 ways to Exhibit Fairness:

1. Encourage mutual respect
2. Model correct behaviour
3. Change rules to promote fairness
4. Communicate clearly
5. Transparency
6. Commit and follow through
7. Listen to feedback and allow for adjustment based on scenario

Adapted from <https://www.indeed.com/career-advice/career-development/fairness-in-the-workplace>



<https://www.snp.org/fairness>

Fairness is not an attitude. It's a professional skill that must be developed and exercised.

Brit Hume

quote fancy

<https://quotefancy.com>

## What our students have to say:

Fairness is always sharing stuff with other people. If you were having a running race, everyone would start from the same point to make it fair. – Ethan & Nishaan, Year 3

Everyone gets what makes things equal. – Tasha, Year 6

# 4

## WAYS TO TEACH YOUNG CHILDREN

# FAIRNESS



### 1. PRACTICE TURN-TAKING.

This is a good starting point for the especially young. Through playing games like peek-a-boo and building with blocks (you lay one, I lay one), parents are able to provide a basic understanding of taking turns which is an element of fairness.



### 2. MODEL THE RULES.

For older children, use games as an opportunity to model and explain why we play by a given set of rules, how we take turns, and how we encourage one another even when we are unhappy with an outcome.



### 3. NOTICE FAIR AND UNFAIR.

Draw attention to behaviors in books, movies, and in life when others are acting in a fair or unfair manner. Ask your child questions like "What is another way he could have acted to make things fair?" or "How did she show fairness to the other person?"



### 4. PRAISE FAIRNESS.

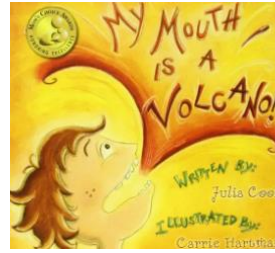
Take a moment to recognize and verbalize when your child is acting out of fairness. Helping him to notice fairness in his own behaviors will help him to grow in his understanding of the concept.



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## READ:



My Mouth is a Volcano!  
By Julia Cook



It's Not Fair!  
By Caryn Rivadeneira

<https://bestkidsbooks.com/curations/5-best-picture-books-about-fairness/>

## FAIRNESS

does not mean  
everyone gets the same.

## FAIRNESS

means  
everyone gets  
what they need.

- Rick Riordan

<https://quotesgram.com/quotes-about-fairness-and-equality/>

## Fairness



*I treat everyone equally and fairly, and give everyone the same chance, applying the same rules to everyone.*

