



# GROW Well Strengths-Based Curriculum

Always Our **Best**



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## What is Teamwork?

Showing teamwork means that in group situations, an individual is committed to contributing to the team's success. The team could be a work group, sports team, family or a group project. Teamwork extends to being a good citizen within a community, and a sense of social responsibility. An individual exhibiting high level of teamwork skills, display certain behaviours in any group work context to contribute positively to the teams success. This character strength refers to being dedicated, reliable and a positively contributing member. Teamwork is also closely related to the following concepts: citizenship, loyalty and patriotism.

## Why should kids learn Teamwork?

As children grow, they will face challenges at school, further education and in adult life. Teaching children the value of working with others to achieve common goals is a highly valued skill in today's world, allowing kids to value diversity in people's complementary strengths. Encouraging teamwork from an early age, nurtures various social, collaborative and problem solving skills. This can be through playing board games, team sports, household chores and simply solving problems as a family. These situations can teach organisation, leadership, and critical judgement, while building a sense of community, resilience and shared motivation. Teamwork does not come easily to all children and some display more competitiveness, frustration, reluctance or disinterest in teamwork than others. Like anything, it takes continual practise and reflection to learn new skills. Positive feedback, communication and modelling from adults can support children in building these skills.

[www.storyberries.com/parenting-portal-teaching-kids-teamwork-cooperation/](http://www.storyberries.com/parenting-portal-teaching-kids-teamwork-cooperation/)



<https://truesport.org/teamwork/4-ways-foster-teamwork/>



**TEAMWORK IS  
THE SECRET  
THAT MAKES  
COMMON  
PEOPLE  
ACHIEVE  
UNCOMMON  
RESULTS.**

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YOURFATES.COM

[www.yourfates.com/best-teamwork-quotes/](http://www.yourfates.com/best-teamwork-quotes/)

## What our students have to say:

Teamwork is working together to play. – Elena, Prep

Teamwork is you and your friends working together and helping each other. – Amber, Year 3

## 7 Essential Skills for Teamwork:

1. Listening
2. Questioning
3. Persuading
4. Respecting
5. Helping
6. Sharing
7. Participating

**T** OGETHER  
**E** VERYONE  
**A** CHIEVES  
**M** ORE

– Charles H. Clark Jr.

## READ:

### Stories about Teamwork and Cooperation:



<https://www.storyberries.com/bedtime-stories-theres-an-alien-in-my-house-short-stories-for-kids/>



<https://www.storyberries.com/siblings-stories-and-also/>

## Teamwork



*I am a helpful and contributing group and team member, and feel responsible for helping the team reach its goals.*

