



## GROW Well Strengths-Based Curriculum

Always Our **Best**



As a character strength, leadership refers to the tendency to organize and encourage a group to get things done, while maintaining good relations within the group. Like teamwork, leadership involves being committed to the goals of the group. Leadership involves setting goals and accomplishing them, enlisting effective help, building coalitions, and smoothing ruffled feathers. Effective leaders are able to provide a positive vision or message that inspires dedicated followers who feel empowered and perhaps even inspired.



### 7 Tips for Instilling Leadership Skills in your Child:

1. **Set the Example:** By allowing your children to see you balance various aspects of your life demonstrates accountability, strength and leadership.
2. **Team Activities:** Sports/Band/Drama Clubs – teamwork activities enhance communication skills, trust, confidence and social skills.
3. **Show Failures and Emphasize Perseverance:** expose children to disappointments, model effective ways to process and accept it, and the importance of moving forward.
4. **Encourage Negotiation and Decision-Making Skills:** assess 'pro's and con's' of situations, discuss the importance of informed decisions, listening to others, and justifying their opinions.
5. **Practice Confident Communication:** allow children to order their own meal at the restaurant or asking for something they require from a shop assistant.
6. **Chores and Work:** instilling a good work-ethic involves children understanding effort vs. reward. Encourage chores and purpose projects.
7. **Problem-Solving and Strategic Thinking:** guide with questions and prompts but allow children opportunities to solve problems and form strategies independently.

Adapted from: <https://www.entrepreneur.com/article/241619>

## A LEADER IS SOMEONE WHO...



*"Leadership and Learning are indispensable to each other."*  
- John F. Kennedy

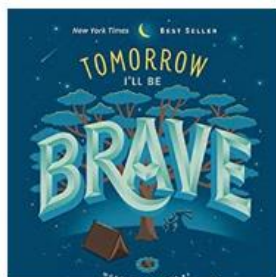
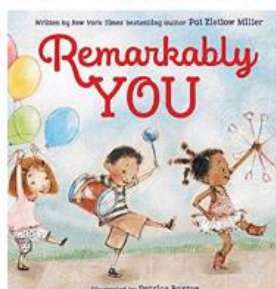
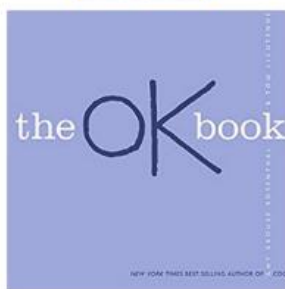
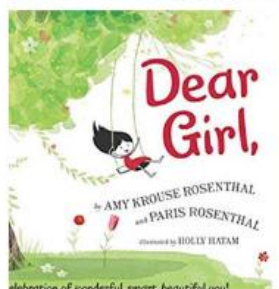
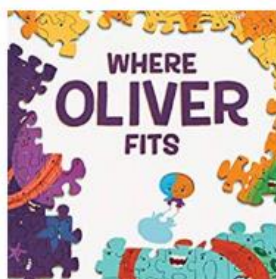
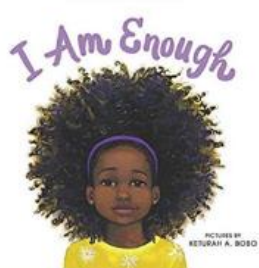
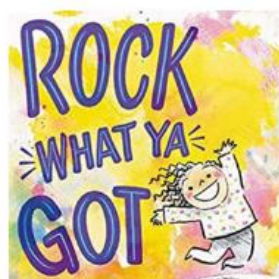
## What our students have to say:

*Being a leader is when you respect your team mates, tell them to 'keep going' and 'never give up'. (Hamish, Year 5)*

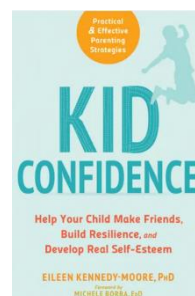
*I think leadership is doing the right thing. (Isla, Year 2).*

*Good leaders encourage others to follow the rules and show kindness and honesty too. (Dane and Seth, Year 5).*

# Favorite Picture Books About Self Esteem!



## READ:



*"Kid Confidence:*

*Help your child make friends, build resilience and develop real self-esteem"*

By Eileen Kennedy-Moore

## WATCH:

How to teach Leadership to kids:

<https://www.youtube.com/watch?v=5J8fusBO4YU>



*"Become the kind of leader that people would follow voluntarily; even if you had no title or position."*

- Brian Tracy

10 CHARACTERISTICS OF A

# GOOD LEADER



1. INTEGRITY
2. DELEGATION
3. COMMUNICATION
4. SELF-AWARENESS
5. GRATITUDE
6. LEARNING AGILITY
7. INFLUENCE
8. EMPATHY
9. COURAGE
10. RESPECT

Center for Creative Leadership

<https://www.ccl.org/articles/leading-effectively-articles/characteristics-good-leader/>

## Leadership



*I take charge and guide groups to meaningful goals, and ensure good relations among group members.*



<https://happilyeverelephants.com/home/self-esteem-books-for-kids/>